

2016-2017 Community Influenza Surveillance Report Update of Current Status January 17, 2017

Overall assessment

The current level of influenza activity in Middlesex-London is lower than in the previous week.

Current Local Activity

Between January 8th and 14th, there were 40 cases of laboratory-confirmed influenza A and one case of laboratory-confirmed influenza B reported to the Middlesex-London Health Unit, of whom 23 were hospitalized and four died. In addition, two facility outbreaks of influenza A were declared.

Since September 1st, 2016, 199 laboratory-confirmed cases of influenza have been reported. To date, one case has been identified as influenza B; all other cases have been identified as influenza A. Of the influenza A cases, 48 have been identified as influenza A(H3). Also, there have been 24 influenza A outbreaks declared in facilities located in the Middlesex-London area.

Appendix A provides more details about laboratory-based influenza activity indicators, as well as other local indicators of respiratory illness. A graph showing all 199 laboratory-confirmed cases by week is provided at the end of this report in Appendix B. Appendix C provides a graph showing all institutional influenza outbreaks by week and institution type.

Useful Websites

- The latest Ontario Respiratory Virus Bulletin, issued by Public Health Ontario (PHO), is available at: http://www.publichealthontario.ca/en/ServicesAndTools/SurveillanceServices/Pages/Ontario-Respiratory-Virus-Bulletin.aspx
- The latest *FluWatch* report, issued by the Public Health Agency of Canada (PHAC), is available at: http://www.phac-aspc.gc.ca/fluwatch/.
- To find a free flu shot clinic near you, visit the Ministry of Health and Long-Term Care's "Find a Flu Shot Clinic" web page at: http://www.ontario.ca/page/get-flu-shot/.

Appendix A Summary of Community Influenza Surveillance Indicators for Middlesex-London **January 10, 2017**

Table 1: Summary of laboratory-based influenza activity indicators, Middlesex-London and Ontario, 2016-2017 influenza surveillance season

Indicator	Reporting	Number Reported:	Number Reported:	Recent Trends
	Period	Current Reporting Period	Year to Date	
			(from September 1, 2016)	
Laboratory-confirmed	Jan. 8-14	Influenza A – 40 cases	Influenza A – 198 cases	Lower compared to the previous week (Jan. 1-
cases ¹		Influenza B – 1 cases	Influenza B – 1 cases	7) when 54 influenza cases were reported.
				Please note that the week in which cases are reported does not necessarily reflect the date of onset of illness.
Influenza sub-types ¹	Jan. 8-14	Influenza A(H3) – 8 cases	Influenza A(H3) – 49 cases	All influenza A strains subtyped to date have
		Influenza A not subtyped -	Influenza A not subtyped –	been influenza A(H3).
		32 cases	149 cases	, ,
Hospitalizations ¹	Jan. 8-14	23	116	Lower compared to the previous week (Jan. 1-
				7) when 36 hospitalizations were reported.
Deaths ¹	Jan. 8-14	4	6	Higher compared to the previous week (Jan. 1-
				7) when no deaths were reported.
Influenza outbreaks in long-	Jan. 8-14	2	21	Lower compared to the previous week (Jan. 1-
term care homes/retirement homes/acute care				7) when six influenza outbreaks were declared.
Percentage of samples that	Jan. 1-7	Influenza A – 24.4%	N/A	Influenza A: Lower compared to 27.2%
are positive for influenza (Ontario) ²		positivity Influenza B – 0.2% positivity		positivity reported in the previous week (Dec. 25-31).
				Influenza B: Same compared to 0.2% positivity reported in the previous week (Dec. 25-31).

Notes:

¹ Numbers are subject to change week by week due to the retrospective nature of reporting. 2 Public Health Ontario, Ontario Respiratory Virus Bulletin 2016-2017

Table 2: Summary of community-based respiratory illness indicators, Middlesex-London, 2016-2017 influenza surveillance season

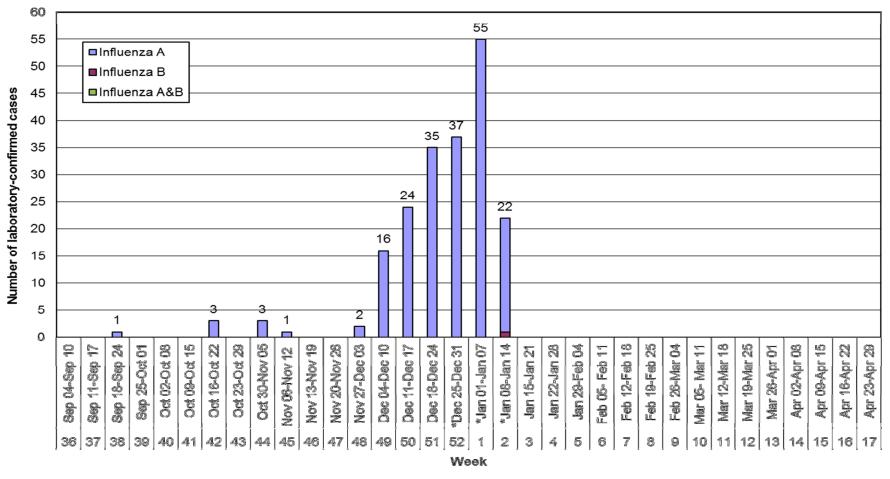
Indicator	Reporting	Number Reported:	Recent Trends
	Period	Current Reporting Period	
Hospital emergency room	Jan. 8-14	An average of 10.0% of patients presented with fever	Lower compared to 12.4% reported the previous week
reports regarding the		and respiratory symptoms.	(Jan. 1-7).
percentage of patients with			
fever and respiratory illness		The proportion was highest at the pediatric	Lower than 29.8% reported the previous week (Jan. 1-
		emergency department, where 26.9% of patients	7).
		presented with a fever and respiratory symptoms.	
Absence reports from	Jan. 9-12	Twenty-six elementary schools from one school	Schools closed Dec. 26-Jan. 6.
elementary schools		board reported average absenteeism (due to all	
(i.e., absenteeism > 10%)		causes) exceeding 10%.	
Sentinel x-ray provider –	Jan. 9-14	Data not available.	In the previous week (Jan. 3-7), 2.3% of chest x-rays
newly identified			performed were newly diagnosed bronchopneumonia
bronchopneumonia cases			cases.

The Middlesex-London Health Unit gratefully acknowledges the contributions of the following community partners who provide data for this report:

London Health Sciences Centre London X-Ray Associates St. Joseph's Health Care London Thames Valley District School Board

Appendix B

Laboratory-confirmed influenza cases, by influenza datet
Middlesex-London 2016-2017 influenza season (N=199)

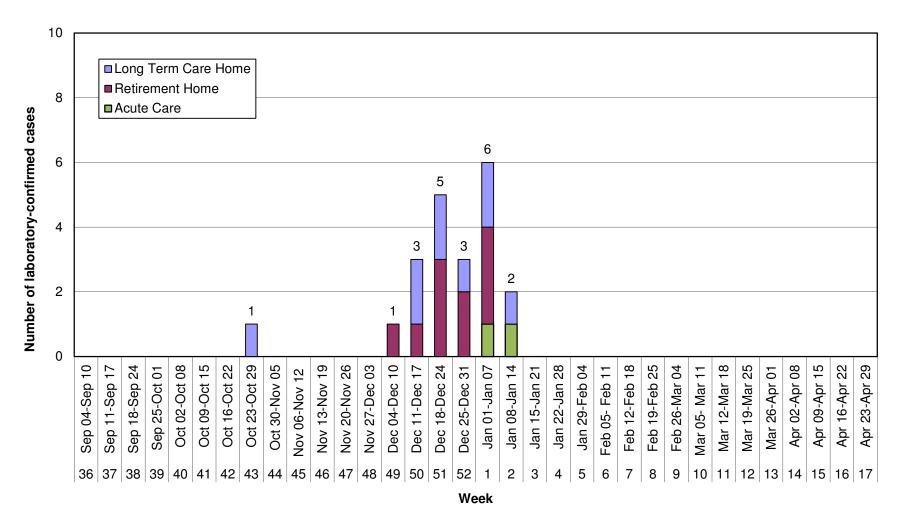


Source: Middlesex-London Health Unit internal influenza tracking database, extracted Jan 16, 2017.

^{† &#}x27;Influenza date' is the earliest of: symptom onset date, specimen collection date, and reported date. As a result, the weekly counts shown in this section differ from those provided in other sections of this report.

^{*} Counts may be incomplete and are subject to change, due to the retrospective nature of reporting.

Appendix C
Institutional influenza outbreaks, by institution type
Middlesex-London 2016-2017 influenza season (N=21)



Source: Middlesex-London Health Unit internal influenza tracking database, extracted Jan 17, 2017.

^{*} Counts may be incomplete and are subject to change, due to the retrospective nature of reporting.