

## **Level of Intimacy Exercise**

## **Purpose**

Intimacy means different things to different people. This activity will help students realize that not all people share the values/meanings of intimacy. It will raise awareness of the importance of talking with their partner about activities/behaviours they would like to engage in at various stages of their relationship

## **Materials**

Level of intimacy cards – print one set for each group. There are 22 cards in the set.

## **Activity Instructions**

- 1. Divide the class into small groups.
- 2. Have students in each group place the cards in order from lowest to highest level of intimacy
- 3. Have students come together as class and discuss similarities and differences between the groups. Conversation can include if they agree or disagree and why.