

Link to Kahoot Quiz <https://create.kahoot.it/details/f96a5320-3b66-409e-8cbe-7273075e86ae>

Slides with ** is the rationale for the answer.

Slide 1: What is NOT an example of consent freely given. Select all that apply.

- A. Maybe later
- B. No, I'm not ready
- C. I don't know
- D. Yes, let's do this!

****Slide 2 (rationale):** Consent is a voluntary agreement to engage in sexual activity and must be freely given. The person cannot be intoxicated, unconscious, or otherwise considered incapable of giving their consent. A person cannot be threatened to give consent.

Slide 3: How does hormonal birth control such as the pill, Nuva Ring and patch work to prevent pregnancy?

- A. Stops release of a mature egg (no ovulation)
- B. Thickens the cervical mucous
- C. Changes the lining of the uterus to make implantation difficult
- D. All the above

Slide 4: There are no health risks to vaping and smoking cigarettes while on hormonal birth control.

- A. True
- B. False

Slide 5: When a person is on hormonal birth control, they don't need to use condoms anymore.

- A. True
- B. False

****Slide 6 (rationale):** Two methods is always better than one. Hormonal birth control help prevent pregnancy, condoms help protects you from STIs.

Slide 7: What types of birth control protect against STIs? Select all that apply.

- A. IUDs
- B. Condoms
- C. Abstinence
- D. The Patch
- E. B, C

****Slide 8 (rationale):** Condoms; it is not 100% but will protect you from getting an STI. Abstinence is the number 1 to help prevent pregnancy and STI.

Slide 9: What is NOT an example of emergency contraception?

- A. Plan B

- B. Ella
- C. Copper Intrauterine Device (IUD)
- D. **Condoms**

****Slide 10 (rationale):** How emergency contraception work: Emergency contraception works by preventing the egg to be released; prevents sperm to fertilize the egg and prevents implantation

Slide 11: When would you need to take emergency contraceptives?

- A. Condom slipped, broke, leaked, or was used incorrectly
- B. Missed birth control (pill, patch, ring, injection)
- C. No contraceptive used
- D. Diaphragm or cervical cap was forgotten or dislodged
- E. Non-consensual sexual intercourse (sexual assault)
- F. **All the above**

Slide 12: What are three different types of emergency contraception? Select all that apply.

- A. **Plan B**
- B. **Ella**
- C. **Copper Intrauterine Device (IUD)**
- D. Taking extra birth control pills

Slide 13: Where can you get emergency contraception? Select all that apply.

- A. Amazon
- B. **MLHU Sexual Health Clinic**
- C. **Public Health Nurse**
- D. **Walk-in Clinic**
- E. **Pharmacy**

Slide 14: Where can you get Hormonal Birth Control? Select all that apply.

- A. Amazon
- B. **MLHU Sexual Health Clinic**
- C. **Public Health Nurse**
- D. **Walk-in Clinic**
- E. **Health Care Provider (family doctor or nurse practitioner)**

****Slide 15 (rationale):** Hormonal Birth Control contains medication. Hormonal birth control is NOT over the counter. You will need to speak to a health care provider.

Slide 16: If you are under 18 years old, you need your guardian's permission to get birth control and/ emergency contraception.

- A. True
- B. **False**

****Slide 17 (rationale):** Health Care Canada Act. You do not need your guardian's consent to access health care. Therefore, you do not need your guardian's permission to get birth control or emergency contraception.