

Marijuana Blunt Grass Dope  
Bud Pot Joint  
Ganja **CANNABIS** Weed

## Cannabis or Tobacco



**BOTH have toxic chemicals...**

**Smoke is smoke.**

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# **Cannabis or Tobacco... BOTH have toxic chemicals.**

Just like tobacco, cannabis (also known as weed, marijuana and pot) can produce harmful smoke.

## **Did you know?**

- ❖ Both cannabis and tobacco smoke share 33 known cancer-causing chemicals, and contain carbon monoxide and heavy metals.
- ❖ Breathing in cannabis smoke can negatively affect the health of people exposed.
- ❖ Cannabis smoke increases cough, wheezing, worsening of asthma, sore throat, chest tightness, shortness of breath and hoarse voice.

## **Protect yourself and others.**

Limit exposure to cannabis smoke and consider quitting.

**Smoke is Smoke.**

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