

**A Brief Summary of Bill 45, the *Making Healthier Choices Act*, 2015**

**Schedule 1 - *Healthy Menu Choices Act*, 2015**

The *Act* intends to create more supportive food environments to support families in making healthier food choices when dining out as one strategy to improve health outcomes of Ontario children. This legislation requires calories for food and beverages, including alcohol, to be posted on menus and menu boards in restaurants, convenience stores, grocery stores and other food service premises with 20 or more locations in Ontario, making it easier for families to make informed and healthy food choices. Despite support from many public health agencies, including MLHU, the requirement to post milligrams of sodium in standard menu items was not included in the legislation at this time.

The *Act* comes into effect January 1, 2017.

**Schedule 2 - Amendments to the *Smoke-free Ontario Act***

The *Act* will ban the sale of all flavoured tobacco products, provides Health Units with the authority to seize samples of shisha for the purposes of testing for the presence of tobacco, increases the individual and corporation penalties for multiple convictions under the *Act*, and increases the Health Units' tobacco seizure authority.

The *Act* comes into effect on a day to be named by proclamation of the Lieutenant Governor.

**Schedule 3 - *Electronic Cigarettes Act*, 2015**

The *Act* bans the sale of e-cigarettes and their component parts to anyone under the age of 19 years, restricts the promotion and advertising of e-cigarettes and bans the use of e-cigarettes in all places where smoking tobacco products is already prohibited under the *Smoke-Free Ontario Act*.

The *Act* comes into effect on a day to be named by proclamation of the Lieutenant Governor.