

MIDDLESEX-LONDON HEALTH UNIT

REPORT NO. 041-15

- TO: Chair and Members of the Board of Health
- FROM: Christopher Mackie, Medical Officer of Health

DATE: 2015 June 18

## MEDICAL OFFICER OF HEALTH ACTIVITY REPORT – JUNE

## Recommendation

## It is recommended that Report No. 041-15 re Medical Officer of Health Activity Report – June be received for information.

The following report highlights activities of the Medical Officer of Health (MOH) from the May Medical Officer of Health Activity Report to June 5, 2015.

The MOH joined many staff to participate in the 2015 alPHa Fitness Challenge on May 7<sup>th</sup>. alPHa encourages staff from all health units to engage in at least 30 minutes of physical activity. This year the Workplace Wellness and Fun Committee arranged for noon hour walks, a carnival themed exercise circuit as well as other fun activities. MLHU had a respectable 74% participation but top honours this year went to the Porcupine Health Unit who were able to get 100% participation.

On May 14<sup>th</sup> an all staff meeting was held to primarily discuss, share and further develop the strategic planning process. Staff were also given updates on office location/lease and on potential organizational restructuring.

The MOH held several meetings and teleconferences to prepare a grant application to the Local Poverty Reduction Fund to enhance existing MLHU Healthy Babies Healthy Children programming by offering a more intensive, targeted version of home visiting for the most vulnerable clients.

As part of Nursing week activities, the MOH, Acting Chief Nursing Officer Brenda Marchuk and Board Chair Ian Peer joined MPPs Peggy Sattler (NDP – London West) and Theresa Armstrong (NDP – London Fanshawe) for a tour of the 50 King St. office and a visit to a Well Baby/Child and Breastfeeding Clinic that was held at the White Oaks Family Centre.

The MOH attended the Canadian Public Health Association 2015 Conference held in Vancouver B.C. on May 25-27 where he participated on an expert panel about public health values, and a presentation about the PBMA process.

The Medical Officer of Health and CEO also attended the following teleconferences and events:

May 8	Met with Mr. Glen Pearson of the Food Bank regarding collaboration to address poverty
May 11	Attended United Way Community Impact Experience at the Canadian Mental Health Association (CMHA) Coffee House
May 12	Attended a Healthy Human Development Table meeting in Toronto
May 13	Met with Councillor Virginia Ridley Attended the CEO/CAO Dinner at John Paul II Catholic Secondary School

May 14	Hosted a Code Red Initiative Steering Committee meeting Met with staff from London Intercommunity Health Centre (LIHC) to discuss a Community Dental Health Initiative Attended the launch of London Community News' new brand "Our London" which was held at the Western Fair Agriplex
May 28	Attended a YOU Board Meeting
May 29	Met with City of London staff to discuss Living Accommodations Attended a meeting in Toronto of the Cessation Strategy Advisory Group
June 3	Attended a meeting of the United Way Cabinet Chaired a meeting in regards to the Local Poverty Reduction Fund – Expression of Interest submission Attended a YMCA event as an expert consultant on fitness

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June 4 Attended a Code Red Champion meeting

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Christopher Mackie, MD, MHSc, CCFP, FRCPC Medical Officer of Health

**This report addresses** Ontario Public Health Organizational Standard 2.9 Reporting relationship of the medical officer of health to the board of health