

RELATED FOUNDATIONS:

- Student Engagement

RESOURCES:

- [STI Inquiry Worksheet](#)

Student-led Sexually Transmitted Infections (STI) Inquiry Activity

ACTIVITY GOAL: To increase knowledge and awareness of how to prevent sexually transmitted and blood-borne infections.

Educators are encouraged to use this lesson as part of other sexual health teaching, including but not limited to healthy relationships, consent, and refusal skills.

ACTIVITY INSTRUCTIONS:

1. Divide class into groups of 2-3 students.
2. Assign each group an STI to research using reliable websites:
 - www.sexandu.ca/stis
 - www.healthunit.com
 - <https://sexualhealthontario.ca/en/stis>
 - [Health Canada](#)

Infections to consider including: chlamydia, gonorrhoea, syphilis, herpes, human papilloma virus (HPV), human immunodeficiency virus (HIV), Hepatitis B, Hepatitis C.

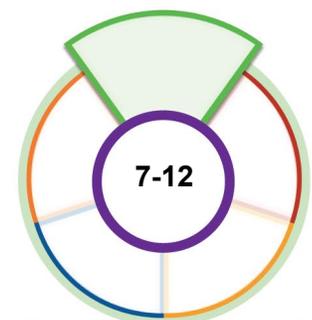
3. Have each group complete a [STI Inquiry Worksheet](#) for their assigned method and present their findings back to the class.

Educator prompts

- Besides sexual vaginal intercourse, what are other ways that STBBIs are transmitted?
 - Oral sex
 - Anal sex
 - Exposure to contaminated blood or equipment (e.g. piercing, tattooing, needles, drug use equipment)

Curriculum Connections

- Grade 7: D1.4 Sexually transmitted and blood-borne infections (STBBIs)
D1.5 STBBIs and pregnancy prevention
D2.4 Sexual health and decision making
- Grade 8: D2.3 Decision making considerations and skills
- Grade 9: C1.4 Preventing pregnancies and STIs
C2.3 Thinking ahead about sexual health, consent, personal limits
- Grade 10: C2.5 Decision making communication and healthy sexuality
- Grade 11: C2.3 Reproductive and sexual health; proactive measures



Educator prompts continued

- What is the most effective method for preventing STIs and pregnancy?
 - Abstinence
- How can someone decrease their risk of an STI?
 - Waiting until they are older to have sex, discussing past relationships with their partner and STI testing before having sex
 - A condom, internal condom or dental dam can reduce risk
 - Vaccination against HPV and Hepatitis B can reduce risk
- Who can you talk to about sexually transmitted and blood-borne infections?
 - Parent or trusted adult
 - Healthcare provider
 - Middlesex-London Health Unit 519-663-5317
- How is consent related to STIs?
 - Sexual consent is when everyone involved wants and agrees to any physical intimacy
 - When talking about STIs we are talking about sex, and consent is required for any form of sexual activity
 - Consent is more than not saying “no”.
 - Optional video to share: [Kids Help Phone: What is consent?](#)