

As the School Health Team, our goal is to provide resources and support in teaching the Human Development & Sexual Health curriculum. On our website and in our [Toolkit](#), there are curriculum-linked presentations and activities that can be used with students in grades 4-12.

To provide an inclusive environment for all students, regardless of their gender identity, we use the names of body parts and hormones to discuss physical differences rather than the use of gender. For example, instead of saying “at puberty, girls will get larger breasts and hips”, we recommend “at puberty, a person with a vulva will get larger breasts and hips because of estrogen”, and this language is reflected in our presentations.

If you have any questions, or require additional support in using our resources, please connect with your school’s [Public Health Nurse](#).