

Pyridoxine

What is pyridoxine (Vitamin B 6) for?

Pyridoxine is used to prevent nerve problems that may be caused by isoniazid. It is taken along with isoniazid for 6 months or more.

How should I take pyridoxine?

Take pyridoxine as instructed by your doctor. Do not take more or less of it or take it more often than prescribed.

Take it regularly and avoid missing doses.

How should I store pyridoxine?

Pyridoxine should be stored at room temperature, away from sunlight and heat. Do not store it in the bathroom.

Keep this medication out of the reach of children.

What should I tell my doctor before starting pyridoxine?

TELL YOUR DOCTOR:

- If you are taking any other prescription or over-the-counter medications. Pyridoxine may interfere with some drugs.
- If you are or think you may be pregnant.
- If you are breast-feeding.
- If you have other serious medical problems.

What are the side effects to watch for?

There are several side effects that should be reported to your doctor including:

See over...

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- Nausea
- Headache
- Pins and needles or a burning feeling in your hands or feet
- Sleepiness
- Any other serious symptoms that develop

What other information should I know about pyridoxine?

- It is best not to get pregnant while taking pyridoxine. Be sure to talk with your doctor about birth control.
- If you are already pregnant, pyridoxine can be taken if it is clearly needed. Discuss the risk and benefits with your doctor.

Keep all appointments with your doctor and **be sure you do not run out of medication.**

For further information, contact your Doctor or call the Middlesex-London Health Unit at (519) 663-5317 ext. 2330