

What Services are Provided?

The **Family Health Clinic** is for families with children 0 to 6 years of age and high school students who do not have a family doctor. This means that all parents or other adults who take care of children can also get medical care and help at the clinics. Parents need to be healthy to be able to take care of their kids.

Services at the **Family Health Clinic** include:

- Well-baby and child checkups
- Screening for health problems
- Treatment of common health problems such as ear infections, rashes or bladder infections
- Birth control options
- Pregnancy planning / care
- Care after your baby is born
- Parenting help and support
- Referrals to community programs and specialists

The Family Health Clinic does not offer emergency services.

What is a Nurse Practitioner?

A Primary Health Care Nurse Practitioner (PHCNP) is a Registered Nurse with extra training. A Nurse Practitioner can do most of the skills traditionally only done by doctors in Ontario, like ordering x-rays, diagnosing illnesses, treatment and writing prescriptions.

The Family Health Clinic can provide information on community programs and services close to your home.

Wellness care, such as immunization, health teaching and well-baby and child checkups are all services the clinic can provide for you and your family.

A Nurse Practitioner will work with Doctors, Public Health Nurses, Lactation Consultants, Dietitians and other health care providers to help you with your health and any concerns. For serious problems, the Nurse Practitioner will either consult with a doctor or will direct you to see a specialist or a doctor at a Walk-in Clinic or Emergency Room.

Clinic Locations:

Open Monday to Friday

For more information about clinic times and locations:

**Call: 519 – 663 – 5317
(Ext. 2317)**

E-mail: jennifer.lakatos@mlhu.on.ca



Other Family Health Services

Health Connection

519-850-2280

Mon-Friday: 8:30 a.m. to 4:30 p.m.
Confidential phone counseling with a
Public Health Nurse.

Infantline (After Hours)

519-675-8444

Mon-Friday: 4:30 to 10:00 p.m.
Weekends & holidays:
10:00 a.m. to 8:00 p.m.

A Public Health Nurse is on call to help
you with questions about your new
baby or breastfeeding concerns.



Health Unit Contact Information

Middlesex-London Health Unit London Office

50 King Street
London, Ontario
N6A 5L7
519-663-5317

Middlesex-London Health Unit Strathroy Office (Kenwick Mall)

51 Front Street East
Strathroy, Ontario
N7G 1Y5
519-245-3230

OFFICE HOURS: Monday to Friday
8:30 a.m. to 4:30 p.m.

Middlesex-London Health Unit
50 King St., London, ON N6A 5L7
tel: (519) 663 - 5317 • fax: (519) 663 - 9581
health@mlhu.on.ca

Strathroy Office - Kenwick Mall
51 Front St. E., Strathroy ON N7G 1Y5
tel: (519) 245 - 3230 • fax: (519) 245 - 4772

An Accredited Teaching Health Unit

Family Health Clinic



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