

Are you a woman who has separated, or is taking steps to separate from an abusive partner?

Abuse can take a toll on your health, safety and well-being, even after you separate. You are not alone.

Support is available and healing is possible.



An iHEAL nurse can help you deal with what is most important to you --- on a pathway toward a happier, healthier, safer life.

For more information, call 519-663-5317 to speak to a nurse or check out our website: www.healthunit.com/iheal