

# HOW IS YOUR ORAL HEALTH MIDDLESEX-LONDON?

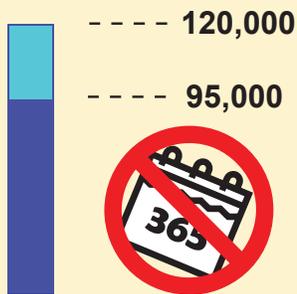
More than half of residents describe their oral health as excellent or very good and most reported they had dental insurance. But, what about the rest?

There is a GAP in service that impacts peoples' overall health and quality of life.

## Dental Care



Regular visits with a dental health professional are important for maintaining healthy teeth and gums and preventing other problems from developing.



- 79% of ML residents reported that they had visited a dental professional in the past year, but that left over **1 in 5 (or 95,000)** people without a single visit in a year.
- While 73% of ML residents reported having some sort of dental insurance, that left over **1 in 4 (27% or 120,000)** without any dental insurance.



### WHO FILLS THESE ORAL HEALTH SERVICE GAPS?

Between 2020 and 2023, the rate of **EMERGENCY DEPARTMENT** visits for non-traumatic oral health conditions among residents was significantly higher compared to Ontario. In 2023, there were more than 2,300 such ED visits, across all age groups.



2020-2023

**2300**  
Emergency  
Department  
Visits



Middlesex-London Health Unit's **ORAL HEALTH TEAM** offers services including routine, preventive and emergency treatment for eligible children and routine dental care for eligible seniors to **FILL THE GAPS** in community access to oral health services.



For more information about Oral Health in our region, visit our Oral Health Dashboard.