



Before you Begin

Handling Injuries

- In schools, a First Aid Trained Staff Member must be available at all times when the Let's Get Cookin' program is running as per direction from the school boards.
- In a cooking program, injuries like cuts or burns may happen occasionally.
- Know where the first aid station is located in the event of an injury.
- Seek out the assistance of the First Aid Trained Staff member as needed.
- If a participant cuts their hand or finger, after appropriate treatment (e.g., cleaning and application of a sterile Band-Aid), the participant must wear a glove on that hand. This will protect the wound and the food from any cross-contamination. **The glove must be changed at the same interval as one would wash their hands during cooking.**



Let's Get Cookin'!