



# Orientation

## Reading a Recipe

It is important to read a recipe entirely and to understand the method before you start to make the item.

A recipe has four parts:

1. **Name:** Tells you the name of the recipe that you are preparing.
2. **Yield and preparation time:** The yield tells you how many people you can expect to serve from a recipe. The preparation time tells you how approximately how long it will take to prepare the recipe. It helps you to organize your time.
3. **Ingredients:** The ingredients section will tell you the ingredients you will need and how much of each ingredient. It is important to read this section well in advance to ensure that you have what you need.
4. **Directions:** The directions tell you what to do with the ingredients. Make sure you understand all the terms and techniques before you begin cooking.

*Let's Get Cookin'!*