

# DO YOU WANT TO QUIT SMOKING?

The Middlesex-London Health Unit is hosting a workshop in London to help you quit.

**Wednesday**

**February 18, 2015**

**9:30am – 12:00pm**

**Eligible participants will receive free nicotine replacement therapy (NRT).**

To see if you're eligible, call:  
**519-663-5317 ext. 4357**